Interplay of spin-orbit and hyperfine interactions in dynamical nuclear polarization in semiconductor quantum dots

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We theoretically study the interplay of spin-orbit and hyperfine interactions in dynamical nuclear polarization in two-electron semiconductor double quantum dots near the singlet-triplet $(S-T_+)$ anticrossing. The goal of the scheme under study is to extend the singlet-triplet $(S-T_0)$ qubit decoherence time T_2^* by dynamically transferring the polarization from the electron spins to the nuclear spins. This polarization transfer is achieved by cycling the electron spins over the $S-T_+$ anticrossing. Here, we investigate, both quantitatively and qualitatively, how this hyperfine-mediated dynamical polarization transfer is influenced by the Rashba and Dresselhaus spin-orbit interaction. In addition to T_2^* , we determine the singlet return probability P_s , a quantity that can be measured in experiments. Our results suggest that the spin-orbit interaction establishes a mechanism that can polarize the nuclear spins in the direction opposite to that of hyperfine-mediated nuclear spin polarization. In materials with relatively strong spin-orbit coupling, this interplay of spin-orbit and hyperfine-mediated nuclear spin polarizations prevents any notable increase in the $S-T_0$ qubit decoherence time T_2^* .

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I. INTRODUCTION

Electron spins in semiconductor quantum dots are considered to be excellent candidates for qubits [1]. In order for a full-scale quantum computer to be produced, a successful fulfillment of the DiVincenzo criteria [2] is necessary. Accurate qubit manipulation [3,4] and reliable state preparation [5] are some of the requirements that have been satisfied in recent years. Techniques for qubit identification and fast readout are also known; for example, the spin readout for a two-electron double quantum dot is most commonly done in the regime of Pauli spin blockade [6] using spin-to-charge conversion measurements [7]. Still, one challenge remains: sufficiently isolating the qubit from the corruptive effects of its surroundings.

Due to the influence of its surroundings, a qubit will irreversibly lose information. Different types of information losses happen on different time scales. The time in which a qubit relaxes to a state of thermal equilibrium is the relaxation time T_1 , whereas the time in which a qubit loses coherence due to the collective effects of its surroundings is the decoherence time T_2^* . Although experimental and theoretical solutions for overcoming these information losses have been steadily developed for years [8–13], overcoming qubit decoherence caused by a fluctuating nuclear spin bath is still an ongoing task.

Silicon [14] and graphene [15] have stable isotopes with a zero nuclear spin. Therefore, they can be isotopically purified, leaving only spin-zero nuclei, which do not contribute to the electron spin qubit decoherence. On the other hand, III-IV semiconductors, particularly $In_x Ga_{1-x}As$ structures, have only stable isotopes with a nonzero nuclear spin. An electron confined in a typical $In_x Ga_{1-x}As$ quantum dot interacts with 10^4-10^6 nuclear spins, which contribute strongly to electron spin qubit decoherence. Optically [16–18] or electrically polarizing the nuclear spins can prolong the coherence times of electron spins. Such a polarization of nuclear spins to the nuclear spins

in a procedure called dynamical nuclear polarization (DNP) [19].

A suitable system for conducting DNP is a gate-defined double quantum dot (DQD) loaded with two electrons. There have been a variety of proposals [3,20] to use DQDs as qubits, e.g., by focusing on the singlet $|S\rangle = 1/\sqrt{2}(|\uparrow\rangle|\downarrow\rangle - |\downarrow\rangle|\uparrow\rangle)$ and triplet $|T_0\rangle = 1/\sqrt{2}(|\uparrow\rangle|\downarrow\rangle + |\downarrow\rangle|\uparrow\rangle)$ logical subspace [21], where the generated nuclear difference field and the exchange interaction are used to perform universal control of the qubit on the Bloch sphere. Other than the already mentioned DNP, the effects of dephasing caused by a nuclear spin bath can be canceled by applying a Hahn echo sequence [22] or the more elaborate Carr-Purcell-Meiboom-Gill (CPMG) sequences [21].

The generation of a nuclear gradient field, required to control the *S*-*T*₀ qubit [21], can be achieved by cycling the electron spins over the anticrossing between the singlet $|S\rangle = 1/\sqrt{2}(|\uparrow\rangle|\downarrow\rangle - |\downarrow\rangle|\uparrow\rangle$) and triplet $|T_+\rangle = |\uparrow\rangle|\uparrow\rangle$ states. During such a *S*-*T*₊ cycle, the electron spins transfer polarization to the nuclear spins [23], and a nuclear difference field is generated. Furthermore, a higher degree of nuclear spin polarization causes a longer spin coherence time of the *S*-*T*₀ qubit. In materials with sizable spin-orbit interaction, the spin-orbit interaction induces electron spin flips, and this mechanism competes with the hyperfine-mediated electron spin flips required for DNP. In such materials, we theoretically explore the interplay of spin-orbit and hyperfine effects on nuclear spin preparation schemes, in the vicinity of the *S*-*T*₊ anticrossing.

We assume that the dots are embedded in the semiconductor material $In_x Ga_{1-x}As$ with $0 \le x \le 1$. We model 150 nuclear spins per dot fully quantum mechanically, keeping track of how the probabilities and coherences of all nuclear states change in time. Compared with our model, recent models treating more [23] or fewer [24] nuclear spins fully quantum mechanically do not take into account the spin-orbit interaction. Although there has been some work on the interplay of spin-orbit and nuclear effects in GaAs double quantum dots [25–28], to the

best of our knowledge none of these theoretical frameworks treat the nuclear spin dynamics fully quantum mechanically or investigate the nuclear spin dynamics when it is subjected to a large number (\approx 300) of DNP cycles. On the other hand, again to the best of our knowledge, there has been no theoretical work describing the *S*-*T*₊ DNP in materials with strong spinorbit interaction, e.g., InAs. Experiments with InAs have been carried out with a single electron spin in a single quantum dot [29] or in a double quantum dot by using a different, more elaborate pulsing sequence [30]. As a consequence of our fully quantum treatment we can give precise estimations of T_2^* , compare them to known experiments in GaAs [31], and calculate a value for T_2^* in In_xGa_{1-x}As. Our results can also be extrapolated to materials with spin-orbit coupling even stronger than that of InAs, such as InSb.

This paper is organized as follows. In Sec. II we describe our model, and in Sec. III we discuss the total nuclear spin angular momentum basis which significantly reduces the dimension of our Hilbert space. In Sec. IV we study the time evolution during the DNP cycle, in Sec. V we present results on $In_{0.2}Ga_{0.8}As$, a material with an intermediate strength of spin-orbit interaction, and in Sec. VI we compare results for different abundances of indium in $In_xGa_{1-x}As$. We conclude in Sec. VII.

II. MODEL

The confinement in a quantum dot is modeled with a quadratic potential, and the electronic wave functions are calculated according to the Hund-Mulliken theory [32]. Our approach is a good approximation in the regime where half of the interdot separation *a* is larger than the effective Bohr radius, $a \gtrsim a_B = \sqrt{\hbar/m^*\omega_0}$. Here, ω_0 is the circular frequency of the confining potential, which we later assume to be $\hbar\omega_0 = 3.0$ meV, and m^* is the effective electron mass $(m^* = 0.067m_0 \text{ for GaAs and } m^* = 0.023m_0 \text{ for InAs})$. The interdot separation 2a needs to be chosen to be sufficiently



FIG. 1. (Color online) Geometry of the problem. The strength of spin-orbit interaction is tuned by varying the angle θ between the [110] crystallographic axis and the interdot connection axis p_{ξ} . Spin-orbit interaction generates an effective magnetic field Ω along the *y* axis. The external magnetic field is perpendicular to the [110]- p_{ξ} plane.



FIG. 2. (Color online) Two-electron spectrum of a DQD in InAs as a function of the interdot bias ε , obtained by diagonalizing the Hamiltonian H_0 [Eq. (2)]. The energy E and the detuning ε are expressed in units of the Coulomb energy U. The parameters of the plot are the magnetic field B = 1 T, the Coulomb energy U =4.86 meV, the extended tunneling hopping $t_H = 0.11$ meV, the triplet matrix element $V_{+} = 2.16 \,\mu \text{eV}$, the doubly occupied singlet matrix element $V_{-} = 0.42 \ \mu eV$, and half of the interdot separation a =73.6 nm. Including hyperfine interaction and/or spin-orbit interaction opens up an avoided crossing Δ [34] (inset). The magnetic field is chosen to be large, as compared with the value in the remainder of the paper, for visualization purposes. S(2,0) and S(0,2) are singly occupied singlets, and S(1,1) is the doubly occupied singlet. T_+ , T_0 , and T_- are triplet states corresponding to $m_s = 1$, $m_s = 0$, and $m_s = -1$. S_- and S_+ are the lower and the upper hybridized singlets [see Eqs. (4) and (5)].

large due to the fact that the Hund-Mulliken theory is valid in the regime of weakly interacting quantum dots. On the other hand, the extended tunneling matrix element t_H needs to be nonvanishing, so that our DNP sequence is still possible. Therefore, for In_{0.2}Ga_{0.8}As, which is the material we study in Sec. V, we want $t_H \approx 0.01U$, where U is the Coulomb energy of the electrons. This is why we set a = 46.3 nm. A magnetic field of B = 110 mT is applied perpendicular to the plane spanned by the [110] and [110] crystallographic axes (see Fig. 1). The specific value of the magnetic field is chosen so that the S-T₊ anticrossing is located at $\varepsilon \approx 3U/2$, where ε is the energy difference between the quantum dots (Fig. 2).

All stable isotopes of gallium and arsenide have a nuclear spin j = 3/2, while stable isotopes of indium have a nuclear spin j = 9/2. Here, we discuss a simplified model in which all of the nuclear spins are assumed to be j = 1/2 [33]. To qualitatively take into account the consequences of $1/2 \le j \le 9/2$, we use an effective hyperfine constant *A* which represents an average over all present nuclear spin isotopes and all possible values of the quantum number *j*. The matrix element of $A'I^-$ is $A'\hbar\sqrt{j(j+1)} - m(m-1)$, where *A'* is the bare hyperfine constant. We sum the matrix element of $A'I^-$ over all values of *j* and *m*, i.e., $\sum_{j=1/2}^{9/2} \sum_{m=-j}^{j} A'\hbar\sqrt{j(j+1)} - m(m-1)$, and continue by assigning an effective hyperfine constant

A, which gives rise to the same value of the above sum as for the case when j = 1/2. Furthermore, spin-orbit effects depend strongly on the homogeneity of the distribution of In and Ga atoms in $In_x Ga_{1-x} As$. Here, we assume a completely homogenous distribution of In and Ga. For numerical convenience we model a geometry in which the [110] and [$\overline{1}10$] crystallographic axes and the interdot connection axis p_{ξ} lie in plane (Fig. 1). We develop a numerical method for modeling

$$H_{0}(\varepsilon) = \begin{pmatrix} U - \varepsilon & X & -\sqrt{2}t_{H} \\ X & U + \varepsilon & -\sqrt{2}t_{H} \\ -\sqrt{2}t_{H} & -\sqrt{2}t_{H} & V_{+} \\ 0 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

in the basis of $\{S(2,0), S(0,2), S(1,1), T_+(1,1), T_0(1,1), T_-(1,1)\}$. S denotes the singlet state, and T_+ , T_- , and T_0 are triplet states with the total spin projections $m_s = +1$, $m_s = -1$, and $m_s = 0$. The numbers in the parentheses indicate the charge state. More specifically, (2,0) denotes a state where the left dot is occupied by two electrons and the right dot is empty, (0,2) denotes a state where the right dot is occupied by two electrons and the left dot is empty, and (1,1) stands for each dot being occupied by one electron. The Hamiltonian [Eq. (2)] acquires time dependence through the bias energy ε . To describe the DNP process, the bias energy ε will be assumed to be a linear function of time $\varepsilon = vt$, where we set $v = 2U/\tau$ and where $\tau = 50$ ns is the duration of the bias sweep. The value of v is chosen so that $\varepsilon = 2U$ at the beginning of the sweep (t = 0) and $\varepsilon = 0$ at the end of the sweep $(t = \tau)$, as in the experiment by Petta et al. [5].

The quantities in H_0 are the on-site Coulomb energy $U \sim 1 \text{ meV}$, the coordinated hopping from one dot to the other $X \sim 0.1 \ \mu \text{eV}$, the doubly occupied singlet and triplet matrix elements V_+ , $V_- \sim 10 \,\mu \text{eV}$, and the extended hopping parameter $t_H \sim 0.01 U$ [32]. The Zeeman energy is given as $g\mu_B B_z$, where g is the electron g factor (g = -0.44 for GaAs, g = -14.7 for InAs), the Bohr magneton is $\mu_B =$ 5.79×10^{-5} eV/T, and $B_z = 110$ mT is the magnetic field. For an electron confined in a GaAs QD the Zeeman energy at this field is $E_z = 2.8 \times 10^{-6}$ eV. Due to the fact that we are interested in the $S-T_+$ transition, we focus our attention on the energy subspace spanned by the states $\{S(2,0), S(1,1),$ $T_{+}(1,1)$. The singlet S(0,2) is high in energy with respect to the other two singlets (see Fig. 2; for positive values of the detuning ε), whereas the remaining two singlets, S(2,0)and S(1,1), are close in energy. The triplet states $T_0(1,1)$, and $T_{-}(1,1)$ are split off from $T_{+}(1,1)$ by the Zeeman energy. It should be mentioned that we treat the Hamiltonian [Eq. (2)] using the adiabatic approximation, meaning that the system will remain in its instantaneous eigenstates. This allows us to obtain the eigenenergies by diagonalizing the Hamiltonian H_0 in the subspace of $\{S(2,0), S(1,1)\}$. As a result up to N = 150 nuclear spins per dot, a constraint imposed by our current computational resources.

The total Hamiltonian describing the electronic and nuclear degrees of freedom is

$$H = H_0(\varepsilon) + H_{\rm HF} + H_{\rm SO}.$$
 (1)

Here, $H_0(\varepsilon)$ is the nonrelativistic Hamiltonian of two electrons in a QD [32],

$$\begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & 0 \\ V_{-} + g\mu_{B}B_{z} & & \\ 0 & V_{-} & 0 \\ 0 & 0 & V_{-} - g\mu_{B}B_{z} \end{pmatrix}, \qquad (2)$$

of the diagonalization we obtain the two hybridized singlets $|S_+\rangle$, $|S_-\rangle$ [32,34] with energies

$$E_{S_{\pm}} = \frac{U - \varepsilon + V_{+}}{2} \pm \sqrt{\frac{(U - \varepsilon + V_{+})^{2}}{4} + 2t_{H}^{2}}$$
(3)

and eigenvectors

$$|S_{-}\rangle = c(\varepsilon)|S(1,1)\rangle + \sqrt{1 - c(\varepsilon)^2}|S(2,0)\rangle, \qquad (4)$$

$$|S_{+}\rangle = \sqrt{1 - c(\varepsilon)^{2}} |S(1,1)\rangle - c(\varepsilon)|S(2,0)\rangle.$$
(5)

With $c(\varepsilon) = \cos \psi$ we denote the charge admixture coefficient which can be expressed with the charge admixture angle ψ , where

$$\cos 2\psi = \frac{U - V_+ - \varepsilon}{\sqrt{(U - V_+ - \varepsilon)^2 + 8t_H^2}}.$$
(6)

We take into account only the transitions between the lower hybridized singlet $|S_-\rangle$ and triplet $|T_+\rangle$ because the upper hybridized singlet $|S_+\rangle$ is higher in energy and therefore can be neglected, as shown in Fig. 2.

The spin-orbit term H_{SO} in the Hamiltonian is a function of the angle θ (see Fig. 1) between the [110] crystallographic axis and the interdot connection axis p_{ξ} [34],

$$H_{\rm SO} = \frac{i}{2} \mathbf{\Omega}(\theta) \cdot \sum_{s,t=\uparrow,\downarrow} (c_{Ls}^{\dagger} \boldsymbol{\sigma}^{st} c_{Rt} - \text{H.c.}), \tag{7}$$

where $\Omega(\theta)$ is the spin-orbit effective magnetic field defined by

$$i\mathbf{\Omega}(\theta) = \langle \Phi_L | \hat{p}_{\xi} | \Phi_R \rangle [(\beta - \alpha) \cos \theta \mathbf{e}_{[\bar{1}10]} + (\beta + \alpha) \sin \theta \mathbf{e}_{[110]}].$$
(8)

Here, α and β are the Rashba [35] and Dresselhaus [36] coefficients, and the $c_{r,s}^{\dagger}$ operator creates an electron with spin $s = \uparrow, \downarrow$ in the right or left dot, r = R, L. Further, $\sigma^{s,t}$ is the vector of Pauli matrices, $\Phi_{L,R}$ are the spatial parts of the wave functions corresponding to the left and the right dots,

For computational simplicity, we choose our coordinate system such that the matrix elements of the spin-orbit part of the Hamiltonian [Eq. (7)] are always real. This is achieved by setting the \mathbf{e}_y axis of our coordinate system parallel to Ω [34], as shown in Fig. 1. When the spin-orbit interaction is excluded, our x and y axes are parallel to the crystallographic axes.

Finally, the hyperfine part of the Hamiltonian is given by [23]

$$H_{\rm HF} = \mathbf{S_1} \cdot \mathbf{h_1} + \mathbf{S_2} \cdot \mathbf{h_2} = \frac{1}{2} \sum_{i=1}^{2} \left(2S_i^z h_i^z + S_i^+ h_i^- + S_i^- h_i^+ \right),$$
(9)

where $S_i^{(\pm)}$ are the *i*th electron spin ladder operators and S_i^z and h_i^z are the *z* components of the *i*th electron spin operator and Overhauser field operator. Furthermore, $h_i^{\pm} = h_i^x \pm i h_i^y$ are the ladder operators of the Overhauser field,

$$\mathbf{h}_i = \sum_{k=1}^{n(i)} A_i^k \mathbf{I}_i^k, \tag{10}$$

where \mathbf{I}_{i}^{k} are the nuclear spin operators for the *k*th nuclear spin in contact with the *i*th electron spin. The strength of the hyperfine coupling between the *i*th electron and the *k*th nuclear spin is labeled A_{i}^{k} . In general, A_{i}^{k} has a different value for every nuclear spin, but we simplify this by assuming a constant hyperfine coupling $A_{i}^{k} = A^{\text{tot}}/N$ [23–25,37].

For a harmonically confined electron inside a quantum dot, the strength of the hyperfine interaction A_i^k depends on the position of the nuclear spin r_k as $A_i^k = A^{\text{tot}} \exp\left[-r_k^2/a_B^2\right]$ [38]. Here, $a_B = \sqrt{\hbar/m^*\omega_0}$ is the effective Bohr radius of an electron confined in a harmonic potential with a circular frequency ω_0 and with an effective electron mass m^* . This means that the nuclear spins closer to the origin have a higher chance of being polarized. The electron triplet probability is given by the Landau-Zener formula $P_{T_{+}} =$ $\exp\left[-2\pi |\langle 1|H_{\rm HF}|2\rangle|^2/\hbar v\right]$ [39–41]. However, our selection of the Landau-Zener velocity v is such that $\hbar v \gg |A_i^k|^2$ for most nuclear spins. Therefore, most nuclear spin dynamics involve the nuclear spins that are distributed close to the top of the Gaussian $A_i^k = A^{\text{tot}} \exp\left[-r_k^2/a_B^2\right]$. This top value of the Gaussian nuclear spin hyperfine constant distribution can be approximated well with a uniform distribution.

Performing a diagonalization in the singlet subspace spanned by {S(2,0), S(1,1)}, we find that the singlet eigenfunctions are bias dependent and therefore time dependent [Eqs. (4) and (5)]. This implies that the coupling between the lower hybridized singlet $|S_-\rangle$ and the $|T_+\rangle$ triplet state is time dependent, in contrast to time-independent coupling between the $|S(1,1)\rangle$ and $|S(2,0)\rangle$ singlets and the $|T_+\rangle$ triplet. The time dependence of the coupling originates from the fact that the coupling depends on the charge state of the hybridized singlet [Eqs. (4) and (5)]. The state S(2,0) couples to T_+ only via the spin-orbit interaction, and S(1,1) couples to T_+ only by means of the hyperfine interaction. By using the wave functions of the lower hybridized singlet [see Eq. (4)] we can calculate the matrix element of the Hamiltonian between the lower hybridized singlet $|S_-\rangle$ and the triplet $|T_+\rangle$,

$$\langle S_{-}|H|T_{+}\rangle = c(\varepsilon)\langle S(1,1)|H_{\rm HF}|T_{+}\rangle$$

$$+ \sqrt{1 - c(\varepsilon)^{2}}\langle S(2,0)|H_{\rm SO}|T_{+}\rangle.$$
(11)

It should be mentioned that due to time-dependent interactions, the model discussed here must go beyond the Landau-Zener model [39–41].

III. THE BASIS OF TOTAL ANGULAR MOMENTUM

In our model, all nuclear spins are treated as having spin j = 1/2. This means that the total number of nuclear spin states is dim $(\mathcal{H}) = 2^N$, where N is the number of nuclear spins in a quantum dot. Because the total number of nuclear spin states scales exponentially with N, it would be impossible to treat a large number (N = 150) of nuclear spins with the computational power at our disposal. In order to make the problem treatable we first make a basis change from the product basis $\{\uparrow,\downarrow\}$ to the basis of total angular momentum $\{|j,m\rangle\}$. Here, j is the total nuclear spin quantum number, $0 \leq j \leq N/2$, and m is the total nuclear spin projection along the z axis, $-j \leq m \leq j$. Now the total number of states can be written as

$$\dim(\mathcal{H}) = \sum_{j=0}^{N/2} \sum_{\text{perm}} (2j+1) = 2^N.$$
(12)

The inner sum runs over all permutation symmetries for a given value of j. The basis of total angular momentum still scales as dim(\mathcal{H}) = 2^N, but now certain states in the inner sum in Eq. (12) do not need to be taken into account, and states with higher j in the outer sum in Eq. (12) can be neglected due to the low probability of their occurrence. In the remainder of this section we will describe in more detail how we reduce the number of nuclear spin states from dim(\mathcal{H}) = 2^N to dim(\mathcal{H}') $\ll 2^N$.

Neither the hyperfine nor the spin-orbit interaction mix states with different j, and thus, the matrix representing our Hamiltonian is block diagonal, with every block corresponding to a value of $j = j_0$, $j_0 + 1$, ... N/2 [24]. The value of j_0 depends on the parity of N; for an even N, $j_0 = 0$, and for an odd N, $j_0 = 1/2$. The probability distribution of nuclear spin states with respect to the quantum number j is a Gaussian (in the limit $N \rightarrow \infty$) with its maximum located at $\approx \sqrt{N/2}$ (Fig. 3). From now on we will refer to this value of j as its most likely value, $j_{ml} \approx \sqrt{N/2}$. The nuclear spin probability distribution, with respect to the number of nuclear spins per dot N and quantum number j, is given by the following formula [42]:

$$p(N,j) = \frac{(2j+1)^2 N!}{(N/2+j+1)!(N/2-j)!2^N}.$$
 (13)

The *j* and *m* quantum numbers are generally not sufficient to describe all possible nuclear spin states. Other than *j* and *m*, the nuclear spin states are described by their permutation symmetries. For example, for three nuclear spins defined by quantum numbers j = 1/2 and m = 1/2, there are two states, $|1/2, 1/2\rangle$ and $|1/2, 1/2\rangle'$, with distinct permutation symmetries. These two states are not mixed by homogenous hyperfine interactions or by spin-orbit interactions. Furthermore, they remain equally probable as the matrix elements of the Hamiltonian depend on



FIG. 3. (Color online) Initial nuclear spin probability distribution with respect to the quantum number j for N = 150 nuclear spins 1/2, where $j_{ml} = \sqrt{N/2}$ and $j_{max} = 18$. Throughout our calculations we only consider the states $0 \le j \le j_{max}$ (blue diamonds) and do not consider the states $j > j_{max}$ (black circles).

only *j* and *m* and not on the symmetry properties. Therefore, by evaluating our system for a certain symmetry $|1/2, 1/2\rangle$ we would also know the behavior of the state with a different permutation symmetry $|1/2, 1/2\rangle'$. By generalizing this simple example to *N*-spin systems we can significantly reduce the number of states we consider. For every value of *j* we need to evaluate only one state of symmetry in Eq. (12), and therefore, for each value of *j* the inner sum in Eq. (12) can be replaced by one representative term.

We can reduce the number of states further by choosing the maximum value of j we take into consideration, j_{max} , in a manner such that $\sqrt{N/2} \ll j_{max} \ll N/2$. The omission of all states with $j > j_{max}$ is justified because these states occur with a very low probability [see Fig. 3 and Eq. (13)]. Now the total number of states we consider scales with j_{max} as

$$\dim(\mathcal{H}') = \sum_{j=0}^{J_{\text{max}}} (2j+1) \cong (j_{\text{max}}+1)^2 \ll 2^N.$$
(14)

Due to the fact that states with different j do not mix by any interaction we consider, we can analyze our system for one value of j at a time and finally average over all included values of j. By doing so, we average over close to (but not exactly) 100% of all possible states. In our case, N = 150nuclear spins per dot and $0 \le j \le 75$. Constraining ourselves to $0 \le j \le j_{max} = 18$, we average over 97.8% of all possible nuclear spin configurations, as shown in Fig. 3. The efficiency of our approach can be illustrated best if we calculate the number of states in the $\{\uparrow, \downarrow\}$ basis and in the $\{|j,m\rangle\}$ basis after we consider only one symmetry state for every j and consider only $0 \le j \le j_{max}$. For N = 150, Eq. (12) yields dim($\mathcal{H}) \approx$ 1.4×10^{45} , and for $j_{max} = 18$, Eq. (14) yields dim($\mathcal{H}') = 361$.

IV. TIME EVOLUTION DURING DNP

We now describe a single step in the DNP procedure. For the initial nuclear spin state we assume a completely mixed state. The electrons are initialized in a singlet state S(2,0), where both electrons are occupying the same dot. Afterwards, the electronic system is driven with a finite velocity through the S-T₊ anticrossing (see Fig. 2) by varying the voltage bias ε . The electronic state is then measured, and finally, the system is reset quickly to the initial state S(2,0) [23]. Accordingly, we propagate the density matrix of the system ρ according to the update rule

$$\rho^{(i+1)} = M_S U \rho^{(i)} U^{\dagger} M_S + M_T U \rho^{(i)} U^{\dagger} M_T.$$
(15)

Here, $\rho^{(i)}$ and $\rho^{(i+1)}$ are the total density matrices before and after the *i*th DNP step, *U* is the unitary time evolution operator, and M_S and M_T are the singlet and triplet projection operators [43]. They satisfy the relations $M_S + M_T = I$ and $M_S M_T = 0$.

After the evolution of the system, a measurement of the electronic state takes place. This measurement procedure has two outcomes: either a singlet *S* or a triplet T_+ is detected. The nuclear density matrix is updated accordingly,

$$\rho_n = P_S \rho_n^S + P_T \rho_n^T, \tag{16}$$

where ρ_n is the nuclear density matrix and $P_S = \text{Tr}[M_S U \rho^{(i)} U^{\dagger} M_S]$ and $P_T = \text{Tr}[M_T U \rho^{(i)} U^{\dagger} M_T]$ are the singlet and the triplet outcome probabilities. The superscripts *S* and *T* stand for a nuclear density matrix related to the singlet and triplet measurement outcomes, respectively. For a certain value of *j* we calculate the singlet return probability P_S , and the standard deviation of the nuclear difference field $\sigma^{(z)} = \sqrt{((\delta h^z)^2) - (\delta h^z)^2}$ [13]. After averaging over all included *j*, we use the standard deviation of the nuclear difference field to evaluate the *S*- T_0 spin qubit decoherence time, $T_2^* = \hbar/\sigma^{(z)}$ [13].

We compute the propagator U by discretizing the time interval $(0,\tau)$. Our model describes the passage through the anticrossing with q = 100 equally spaced, steplike time increments. The procedure for computing the propagator is the following: For every discrete point in time t_i we compute the Hamiltonian $H(t_i)$. We approximate the propagator for the fixed time point t_i ,

$$U_{t_i} = e^{-iH(t_i)\Delta t/\hbar},\tag{17}$$

with $\Delta t = \tau/q$. By repeating the procedure for every discrete step we obtain the total time evolution operator

$$U = U_{t_a} U_{t_{a-1}} \cdots U_{t_1}.$$
 (18)

Tuning the system across the $S-T_+$ point and measuring the electronic state after every forward sweep changes the probabilities and coherences of the electronic and nuclear states. The qualitative picture is simpler if we first disregard the spin-orbit interaction. When the spin-orbit interaction is excluded, both the electronic spin-singlet and the triplet outcomes increase the probability for nuclear spins to be in the spin-down state [23], corresponding to generating negative values of nuclear spin polarization $P = (n_{\uparrow} - n_{\downarrow})/(n_{\uparrow} + n_{\downarrow})$, where P is the nuclear spin polarization, n_{\uparrow} is the number of nuclear spins pointing up, and n_{\downarrow} is the number of nuclear spins pointing down [see Figs. 4(a)-4(d)].

There is one more possible process, involving spin-orbit interaction, which is not shown in Fig. 4. After the electronic system is cycled across the $S-T_+$ anticrossing, the system can end up in a virtual T_+ state due to spin-orbit interaction but is instantaneously transferred to a singlet state due to hyperfine



FIG. 4. (Color online) System initialization and measurement outcomes. (a) Initially, the quantum dots have an energy bias ε , and the two electrons rest in a singlet (2,0) state on the left dot. (b) After slowly tuning ε to zero and measuring a singlet outcome, due to the weak measurement, the spin of the nuclear bath decreases. (c) In the case of a spin-triplet outcome an electron spin flips, and the spin of the nuclear bath is changed accordingly. (d) The electronic spin can also be flipped due to spin-orbit coupling, and the spin of the nuclear bath is pumped in the opposing direction (up) due to the weak measurement. With ε we denote the voltage bias, θ is the angle between the [110] crystallographic axis and the interdot connection axis p_{ξ} , and Ω is the spin-orbit effective magnetic field.

interaction, accompanied by a flip of the nuclear spin from down to up, thus changing the nuclear spin polarization closer to positive values. This is a process that, along with the process visualized in Fig. 4(d), competes with the hyperfine-mediated generation of negative polarization of the nuclear spins (down pumping). These two processes combined compensate the down pumping in systems with strong spin-orbit interaction.

To make an effective comparison between $In_x Ga_{1-x} As$ systems with different indium content *x* we keep the same

values for B_z and $d = a/a_B = 2.186$. This implies that the single-particle tunneling and the overlap between the quantum dots would remain the same for every value of *x* (see Ref. [32]). For a comparison between different materials, the relative strength of the spin-orbit interaction can be quantified by the ratio of $\Xi = 4a/\Lambda_{SO}$, where Λ_{SO} is the spin-orbit length defined by

$$\frac{1}{\Lambda_{\rm SO}} = \frac{m^*}{\hbar} \sqrt{\cos^2 \theta (\alpha - \beta)^2 + \sin^2 \theta (\alpha + \beta)^2}.$$
 (19)

Here, m^* is the effective electron mass, α and β are the Rashba and Dresselhaus constants, respectively, and θ is the angle between the [110] crystallographic axis and the interdot connection axis p_{ξ} (see Fig. 4).

The spin-orbit length is the distance which an electron needs to travel in order to have its spin flipped due to spin-orbit interaction. If the electrons are initialized in a singlet state the probability for flipping the tunneling electron due to spinorbit interaction is $P_{\text{flip}} = 1/2$ at $2a = \Lambda_{\text{SO}}/2$. This further implies that if $\Xi < 1$, the system is more likely to remain in a singlet state. If $\Xi = 1$, the *S* and T_+ outcomes due to spinorbit coupling are equally probable, and finally, if $1 < \Xi < 2$, a T_+ outcome due to spin-orbit coupling is more probable because the probability that the tunneling electron has flipped its spin is greater than $P_{\text{flip}} > 0.5$. In our study $\Lambda_{\text{SO}}/2 \gg 2a$, which implies $\Xi \ll 1$; thus, singlet outcomes due to spin-orbit interaction are always more probable even in pure InAs with the strongest possible value of spin-orbit coupling ($\theta = \pi/2$). In pure InAs, with $\theta = \pi/2$, $\Xi \approx 0.63$ for $d = a/a_B = 2.186$.

V. RESULTS FOR In_{0.2}Ga_{0.8}As

Our attention is now focused on $In_{0.2}Ga_{0.8}As$, a material with an intermediate strength of spin-orbit coupling, in contrast to the relatively weak spin-orbit coupling in GaAs and relatively strong spin-orbit coupling in InAs. We have evaluated the system of N = 150 nuclear spins per dot for different values of the angle θ and with $j_{max} = 18$. States with $j > j_{max}$ would further lower T_2^* and P_s and increase $\sigma^{(z)}$. Therefore, we point out that our results provide an upper bound for T_2^* [including states with $j > j_{max} = 18$ could lower T_2^* by at most 2.2%; see Fig. 3 and Eq. (13)] and P_s and a lower bound for $\sigma^{(z)}$. We study the effect of 300 DNP cycles on the nuclear spin state. We find that the spin-orbit interaction has a notable effect on nuclear state preparation. In Fig. 5, we plot the probabilities of nuclear spin states for a case with a given value of $j^{L,R}$ in the left and the right dots.

For $j^{\tilde{L}} = 14$ and $j^{R} = 7$ the pumping procedure alters the nuclear probability distribution from a uniform distribution (with respect to the quantum number *m*) to a probability distribution where states with negative *m* are more likely. In the case without spin-orbit interaction, two processes contribute to this negative pumping of the nuclear spin [23]: the singlet detection accompanied by a weak measurement of the nuclear spin state and the T_+ detection, which flips the nuclear spin down to conserve the total spin of the system [see Figs. 4(b) and 4(c)]. Although including spin-orbit interaction [see Figs. 5(a) and 5(b)] changes the final distribution of nuclear spin states only slightly, spin-orbit effects still have a notable effect on the



FIG. 5. (Color online) (a) Probability distribution in the left quantum dot with respect to the nuclear spin projection quantum number *m* for $j_L = 14$ before and after 300 DNP cycles. (b) Probability distribution in the right quantum dot with respect to the nuclear spin projection quantum number *m* for $j_R = 7$ before and after 300 DNP cycles. The included spin-orbit interaction corresponds to the angle $\theta = \pi/2$. Here, θ is the angle between the [110] crystallographic axis and the interdot connection axis p_{ξ} . The number of nuclear spins per quantum dot is N = 150.

singlet return probability $P_S = \text{Tr}[M_S U \rho^{(i)} U^{\dagger} M_S]$. In Fig. 6, we plot P_S as a function of the number of cycles across the $S \cdot T_+$ anticrossing for In_{0.2}Ga_{0.8}As. Here, we tune the strength of the spin-orbit interaction by varying the angle θ between the [110] crystallographic axis and the interdot connection axis p_{ξ} . As shown in Fig. 6 (solid red line), repeatedly cycling the system across the anticrossing point polarizes the nuclear spins, which leads to $P_s = 1$ after 300 cycles [23]. The situation changes dramatically when we include the spinorbit interaction, which competes with the hyperfine-mediated down pumping of the nuclear spin.

By theoretically varying the strength of the spin-orbit interaction, we find that when the spin-orbit interaction has the largest possible value for $\theta = \pi/2$, it significantly affects the singlet return probability $P_s \approx 0.72$ (Fig. 6). Including spin-orbit interaction generates a mechanism which polarizes nuclear spins in the up direction (see Sec. IV and Fig. 5).



FIG. 6. (Color online) The singlet return probability P_S as a function of the number of cycles across the $S-T_+$ anticrossing in In_{0.2}Ga_{0.8}As. Here, θ is the angle between the [110] crystallographic axis and the interdot connection axis p_{ξ} .



FIG. 7. (Color online) Standard deviation of the nuclear difference field $\sigma^{(z)}$ with respect to the number of DNP cycles across the $S-T_+$ anticrossing and different values of angle θ in In_{0.2}Ga_{0.8}As. Here, θ is the angle between the [110] crystallographic axis and the interdot connection axis p_{ξ} .

As a consequence of this behavior, the nuclear preparation mechanism is not efficient when spin-orbit effects are strong. The interplay of the hyperfine and spin-orbit interactions on nuclear state preparation can be observed better if we plot the standard deviation of the nuclear difference field $\sigma^{(z)}$ (Fig. 7). We notice that the spin-orbit interaction has prevented the reduction of the standard deviation of the nuclear difference field $(0 \le \theta \le \pi/2; \text{ see Fig. 7})$. Spin-orbit interactions affect the efforts to increase the spin *S*-*T*₀ qubit decoherence time T_2^* (see Fig. 8). The strongest spin-orbit coupling, corresponding to $\theta = \pi/2$, slightly lowers the resulting decoherence time from $T_2^* \approx 15$ ns (red line) to $T_2^* \approx 13$ ns (black dashed line with black crosses).

Without the spin-orbit interaction our theory predicts that the ratio of the final decoherence time (after the cycling is complete) $T_{2,f}^*$ and initial decoherence time (before the cycling



FIG. 8. (Color online) $S-T_0$ qubit decoherence time T_2^* as a function of the number of DNP cycles across the $S-T_+$ anticrossing and strength of spin-orbit interaction in In_{0.2}Ga_{0.8}As. Here, θ is the angle between the [110] crystallographic axis and the interdot connection axis p_{ξ} .



FIG. 9. (Color online) The ratio of the final $T_{2,f}^*$ and initial $T_{2,i}^*$ decoherence times in In_{0.2}Ga_{0.8}As for different values of the angle θ between the [110] crystallographic axis and the interdot connection axis p_{ε} .

starts) $T_{2,i}^*$ is $T_{2,f}^*/T_{2,i}^* \approx 2.28$ (see Fig. 9). The situation changes when we include spin-orbit interaction. For $\theta = 0$ we find a value of $T_{2,f}^*/T_{2,i}^* \approx 2.20$, while for $\theta = \pi/2$ the ratio is $T_{2,f}^*/T_{2,i}^* \approx 2.04$.

After the inclusion of the spin-orbit interaction the ratio $T_{2,f}^*/T_{2,i}^*$ decreases with θ . Our results suggest that the $S-T_+$ dynamical nuclear polarization is not as effective in materials with an intermediate strength of spin-orbit interaction compared to those without spin-orbit coupling. Nevertheless, the DNP still provides a notable enhancement of the $S-T_0$ qubit decoherence time T_2^* . We work in the so-called giant spin model, and we model the behavior of 10^4-10^6 nuclear spinss with significantly fewer spins, $\sim 10^2-10^3$. In general $\sigma_i^{(z)} \propto A_i^k$, which would give rise to a much higher standard deviation of the nuclear difference field than expected. Therefore, we rescale the hyperfine constant, such that $\sigma_i^{(z)}$ has the same value for $N \approx 10^6$ and N = 150, $j_{ml} = \sqrt{N/2}$.

The predicted decoherence time before the start of the DNP is $T_2^* \approx 6$ ns, while measurements yield $T_2^* \approx 10$ ns for pure GaAs [5] (where excluding spin-orbit effects is a good approximation). Since $\sigma_i^{(z)} \propto \sqrt{N}$ and $\sigma_f^{(z)}$ does not depend on N but on the polarization mechanism, we can estimate that $T_{2,f}^*/T_{2,i}^* \sim \sqrt{N}$ for our case with N = 150 and the realistic case $N = 10^6$ (for an electrically defined quantum dot in $In_xGa_{1-x}As$). Therefore, we can estimate the maximum possible ratio of initial and final decoherence times for the realistic case of $N = 10^6$ spins and spin-orbit interaction excluded and included to be $T_{2,f}^*/T_{2,i}^* \approx 175$ without spin-orbit interaction, which is compared to $T_{2,f}^*/T_{2,i}^* \approx 94$ for GaAs in Ref. [23] and $T_{2,f}^*/T_{2,i}^* \approx 174$ for $\theta = 0$, which is slightly lower than the value without spin-orbit coupling but by an amount that we consider to be insignificant given the approximations made. For the strongest spin-orbit effect at $\theta = \pi/2$, we find $T_{2,f}^*/T_{2,i}^* \approx 163$. Due to the larger ensemble of nuclear spins in reality, conducting an experiment requires a larger number of cycles to achieve our level of DNP. This number of cycles scales with \sqrt{N} , and for $N \sim 10^6$ nuclear spins we estimate it to be $10^4 - 10^5$.



FIG. 10. (Color online) $S \cdot T_0$ electron spin coherence time T_2^* as a function of the number of DNP cycles across the $S \cdot T_+$ anticrossing for different abundances of indium *x* in $\ln_x \operatorname{Ga}_{1-x} \operatorname{As}$ and for $\theta = \pi/2$. Here, θ is the angle between the [110] crystallographic axis and the interdot connection axis p_{ξ} .

VI. RESULTS FOR In_xGa_{1-x}As

In this section we will compare the T_2^* results for $\ln_x \operatorname{Ga}_{1-x} \operatorname{As}$ with varying In content *x*. We vary the concentration of indium *x* in the sample between 0 and 1 with a 0.2 increment. For the sake of computational efficiency and because we are interested in a mere comparison between materials with different percentages of indium, our computational method is slightly simplified now. Instead of averaging over all possible states ranging from j_{\min} to j_{\max} , we set $j^L = j^R = j_{ml} = \sqrt{N/2}$ for the left and the right quantum dots. This effectively means that we are simulating a situation where an experiment is performed only once with the most likely nuclear spin configuration.

From Fig. 10 we conclude that raising the concentration of indium in an $In_xGa_{1-x}As$ sample has a detrimental effect on the efficiency of the $S-T_+$ DNP scheme. By doping the system with indium, the Rashba spin-orbit coupling is



FIG. 11. (Color online) $S-T_0$ electron spin coherence time T_2^* for GaAs and InAs as a function of the number of DNP cycles across the $S-T_+$ anticrossing for $\theta = 0$, i.e., the case where the [110] crystallographic axis and the interdot connection axis p_{ξ} are aligned.

strengthened, thus reducing the overall Λ_{SO} [Eq. (19)], which, as a consequence, has more virtual and real T_+ outcomes due to the spin-orbit interaction. The virtual T_+ will relax to S, quickly flipping a nuclear spin from down to up in the process. The real spin-orbit-mediated T_+ outcomes will also pump the nuclear spin towards the positive values of the polarization (up). This process can impede efforts to increase T_2^* , even at intermediate concentrations of 40% In (Fig. 10). At higher indium concentrations, DNP is totally suppressed for all values of θ (see Fig. 11).

VII. CONCLUSIONS AND FINAL REMARKS

Our results show that pure InAs is not a suitable candidate for $S-T_+$ DNP due to the fact that the enhancement of T_2^* is strongly suppressed even for the smallest possible strength of the spin-orbit interaction corresponding to $\theta = 0$. Dynamical nuclear polarization in InAs could still be achieved by using single-spin single-quantum-dot systems [29] or by using a more elaborate pulsing sequence [30]. A similar behavior could be expected in materials with spin-orbit coupling even stronger than that of InAs, e.g., InSb.

To conclude, we have discussed a nuclear polarization scheme in $In_x Ga_{1-x}As$ double quantum dots with spin-orbit

interaction included. In the presence of spin-orbit interaction a suppression of the enhancement of T_2^* is predicted. Our conclusions are also valid for materials with fewer nuclear spins, but due to the assumed constant hyperfine constant, only electrostatically defined quantum dots are treatable by our formalism. We underline that the $S-T_+$ DNP sequence is highly sensitive to the strength of the spin-orbit coupling, and therefore, the efficiency of the $S-T_+$ DNP sequence will depend on the angle θ and the In content x in In_xGa_{1-x}As. A stronger spin-orbit interaction will establish a process that will quickly neutralize any efforts to prolong T_2^* . The cases of unequally coupled and/or sized dots and different shapes of the bias [21] are, in general, treatable by our numerics and will be the subject of our future studies. Charge noise [44-46] is neglected in the current model. Investigating the significance of charge coherence requires an extension of the numerical tools we use [45] and is planned as a forthcoming investigation.

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